



Romans 12 (NIV)

A Living Sacrifice

¹Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ²Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Humble Service in the Body of Christ

³For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. ⁴For just as each of us has one body with many members, and these members do not all have the same function, ⁵so in Christ we, though many, form one body, and each member belongs to all the others. ⁶We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your ^afaith; ⁷if it is serving, then serve; if it is teaching, then teach; ⁸if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, ^bdo it diligently; if it is to show mercy, do it cheerfully.

Love in Action

⁹Love must be sincere. Hate what is evil; cling to what is good. ¹⁰Be devoted to one another in love. Honor one another above

yourselves. ¹¹Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. ¹²Be joyful in hope, patient in affliction, faithful in prayer. ¹³Share with the Lord's people who are in need. Practice hospitality.

¹⁴Bless those who persecute you; bless and do not curse. ¹⁵Rejoice with those who rejoice; mourn with those who mourn. ¹⁶Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. ^cDo not be conceited.

¹⁷Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸If it is possible, as far as it depends on you, live at peace with everyone. ¹⁹Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," ^dsays the Lord. ²⁰On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.

²¹Do not be overcome by evil, but overcome evil with good.

Footnotes

- a. [Romans 12:6](#) Or *the*
- b. [Romans 12:8](#) Or *to provide for others*
- c. [Romans 12:16](#) Or *willing to do menial work*
- d. [Romans 12:19](#) Deut. 32:35
- e. [Romans 12:20](#) Prov. 25:21,22



Ephesians 4:1-16 (NIV)

Unity and Maturity in the Body of Christ

4 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. **2** Be completely humble and gentle; be patient, bearing with one another in love. **3** Make every effort to keep the unity of the Spirit through the bond of peace. **4** There is one body and one Spirit, just as you were called to one hope when you were called; **5** one Lord, one faith, one baptism; **6** one God and Father of all, who is over all and through all and in all.

7 But to each one of us grace has been given as Christ apportioned it. **8** This is why it^[a] says:

“When he ascended on high,
he took many captives
and gave gifts to his people.”^[b]

⁹(What does “he ascended” mean except that he also descended to the lower, earthly regions^[c]? ¹⁰He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) ¹¹So Christ himself gave the

apostles, the prophets, the evangelists, the pastors and teachers, ¹²to equip his people for works of service, so that the body of Christ may be built up ¹³until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

¹⁴Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. ¹⁵Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. ¹⁶From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

Footnotes

[Ephesians 4:8](#) Or *God*

[Ephesians 4:8](#) Psalm 68:18

[Ephesians 4:9](#) Or *the depths of the earth*